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Conference Proceedings

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Comparison of retinal thermal injury thresholds with Class 1 AELs as function of exposure duration

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Comparison of Retinal Thermal Injury Thresholds with Class 1 AELs as Function of Exposure Duration

Karl Schulmeister, Patrick Rauter
Seibersdorf Laboratories, Austria

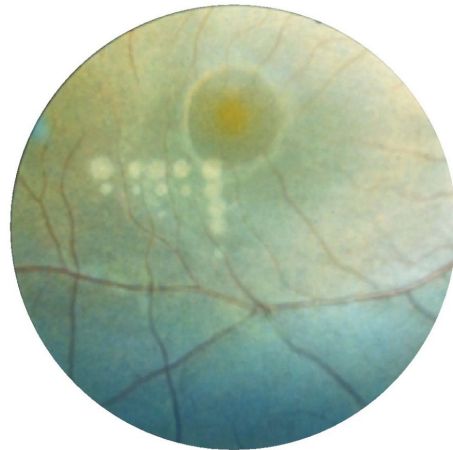
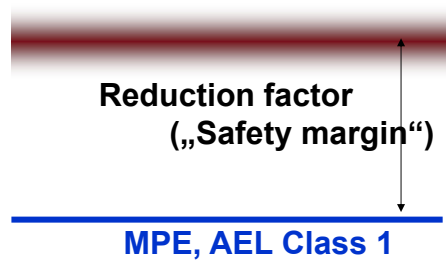
Retinal thermal AEL (MPE)

ANSI Z136.1 (since 2014)
ICNIRP 2013
IEC 60825-1:2014

Single Pulses, Dependences:

- Wavelength (530 nm, 1060 nm)
 - Pulse duration
 - Retinal irradiance profile (Top Hat diameter $\rightarrow \alpha$)
-

Threshold for minimal injury
(uncertainties and biological variability)



Reduction factor:

- varies due to simplification of exposure limits
- should consider uncertainty of data

Computer Model

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Seibersdorf Laboratories computer model to calculate thresholds for retinal injury (JLA 2017)

Validated against Non-Human Primate data
Validated against ex-plant (fresh cow-eyes)

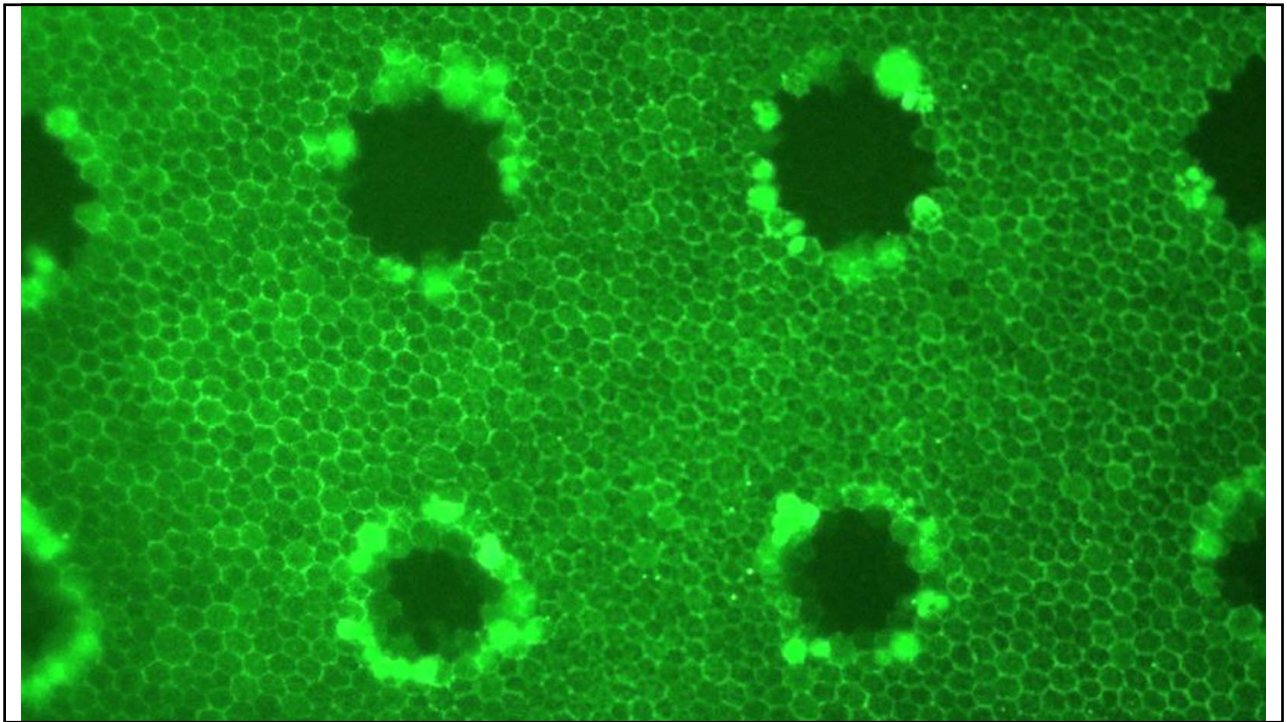
Model data and ex-plant:
basis for $\alpha_{\max}(t)$ update 2014

Applicable for thermal damage, $t \geq \sim 100 \mu\text{s}$

Data shown for $1 \mu\text{s}$ also to show trend, but NHP thresholds are lower (micro-cavitation)

Interpretation:

- Optimised for ED50 (variability: actual threshold could be a bit lower)
- Predictions have uncertainties: maximum factor 1.8 model too high



„Safety Factor“ **NOT** generally 10!

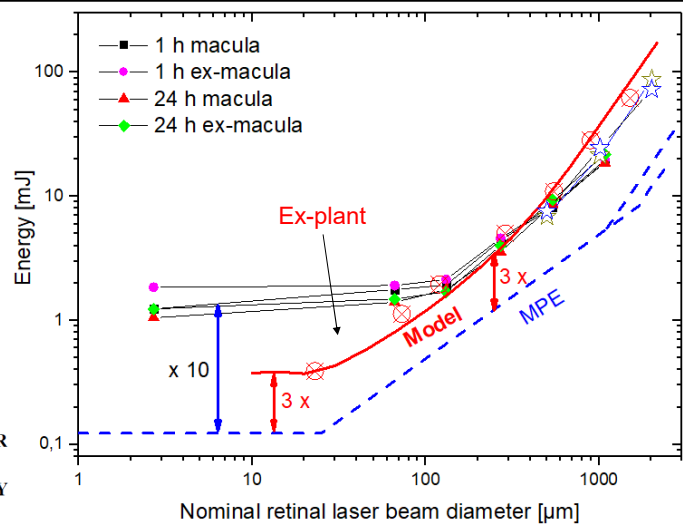
NHP: Lund et al. (2007) **100 ms, 514 nm**

Adopted from:

REVIEW OF THRESHOLDS AND RECOMMENDATIONS FOR
REVISED EXPOSURE LIMITS FOR LASER AND OPTICAL
RADIATION FOR THERMALLY INDUCED RETINAL INJURY

Karl Schulmeister,* Bruce E. Stuck,† David J. Lund,† and David H. Sliney‡

Health Physics Vol. 100 (2011)



Angular subtense of retinal image α Top hat profile

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$$d\text{-ret} = \alpha \cdot 17 \text{ mm}$$

Human adult eye

Injury thresholds THR: intraocular power **IOP** = total power in eye

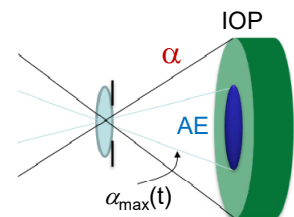
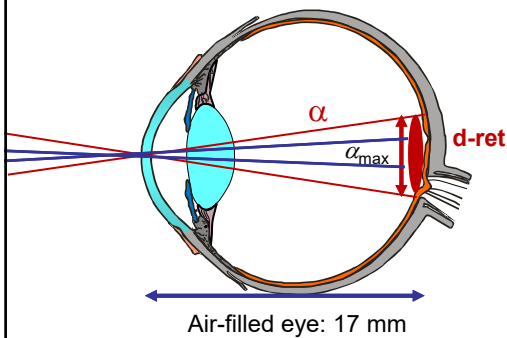
IEC 60825-1: compare AE \leftrightarrow AEL

AE: power within $\alpha_{\max}(t)$

If $\alpha > \alpha_{\max}(t)$:

$$\text{AEL: } C_6 = \alpha_{\max} / \alpha_{\max}$$

Scaling Factor = IOP/AE



Angular subtense of retinal image α Top hat profile

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$$d\text{-ret} = \alpha \cdot 17 \text{ mm}$$

Human adult eye

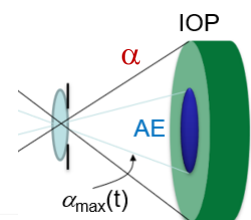
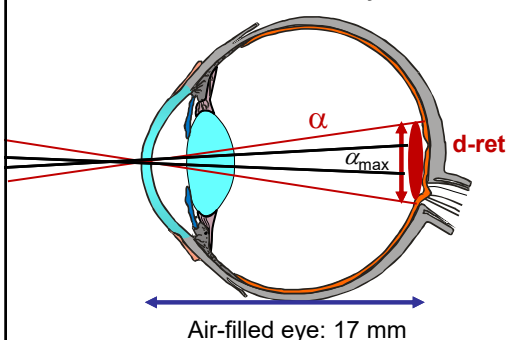
If $\alpha \leq \alpha_{\max}(t)$: AE = IOP $C_6 = \alpha / \alpha_{\min}$

If $\alpha > \alpha_{\max}(t)$: **Scaling Factor** = IOP/AE

$$C_{6\text{-scaled}} = \frac{\alpha_{\max}}{\alpha_{\min}} \cdot \text{scaling factor}$$

$$C_{6\text{-scaled}} = \frac{\alpha_{\max}}{\alpha_{\min}} \cdot \frac{\alpha^2}{\alpha_{\max}^2} = \frac{\alpha^2}{\alpha_{\min} \cdot \alpha_{\max}}$$

Compare AEL-scaled with THR
(both in terms of „power into eye“)



$$AEL[J] = 7 \times 10^{-4} \cdot C_{6\text{-scaled}} \cdot t^{0.75} \quad \text{for } t \text{ from } 5 \mu\text{s to } T_2$$

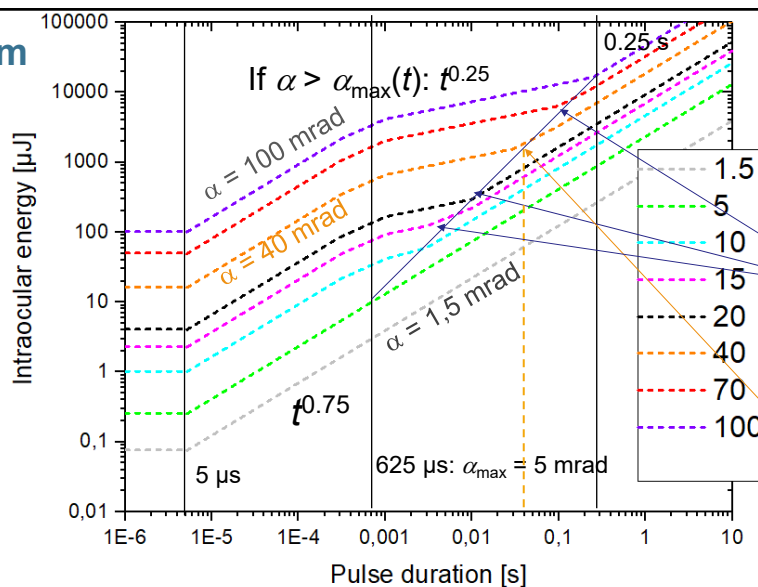
If $\alpha > \alpha_{\max}(t)$:

$$C_{6\text{-scaled}} = \frac{\alpha^2}{\alpha_{\min} \cdot \alpha_{\max}}$$

$$\alpha_{\max}(t) = 200 \cdot \sqrt{t} \quad \text{for } t \text{ from } 625 \mu\text{s to } 0.25 \text{ s}$$

$$AEL = 7 \times 10^{-4} \cdot \frac{\alpha^2}{\alpha_{\min} \cdot 200 \cdot t^{0.5}} \cdot t^{0.75} = 7 \times 10^{-4} \cdot \frac{\alpha^2}{\alpha_{\min} \cdot 200} \cdot t^{0.25}$$

532 nm



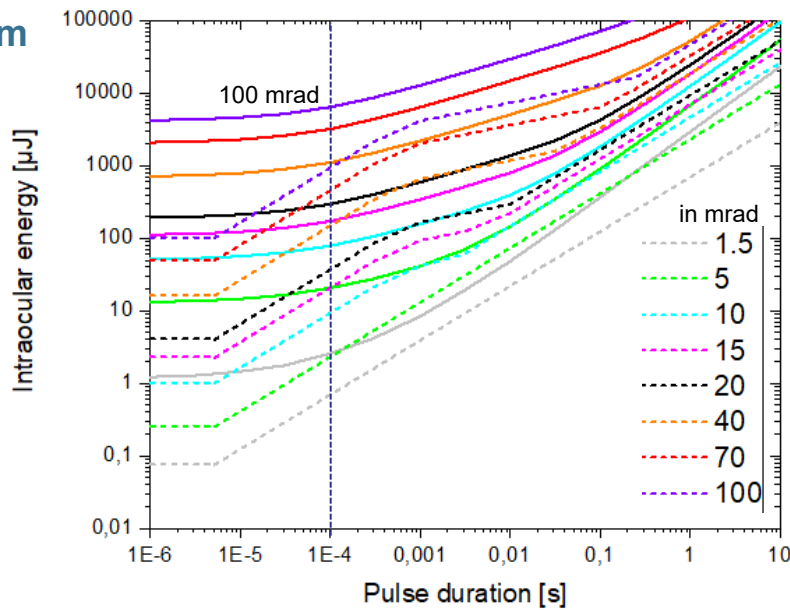
$$\alpha_{\max}(t) = 200 \cdot \sqrt{t}$$

$$\alpha = \alpha_{\max}(t_{\text{crit}})$$

$$t_{\text{crit}} = \left(\frac{\alpha}{200} \right)^2$$

Example:
 $\alpha = 40$ mrad
 $t_{\text{crit}} = 0.04$ s

532 nm

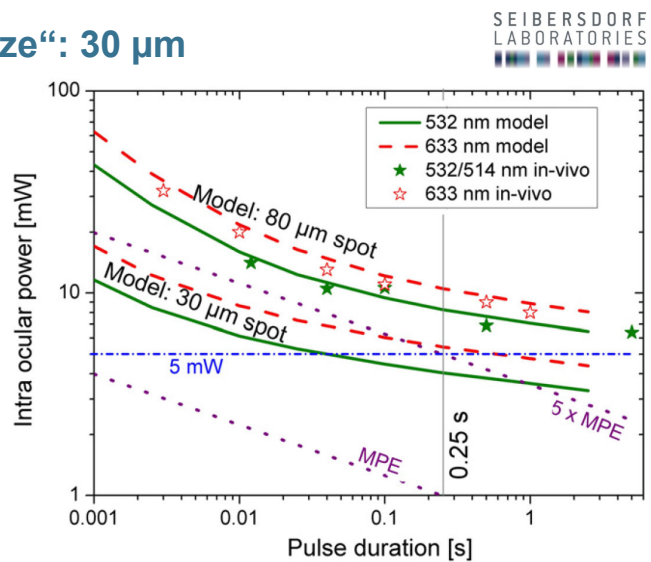


Model for „minimum spot size“: 30 μm Probably over-restrictive

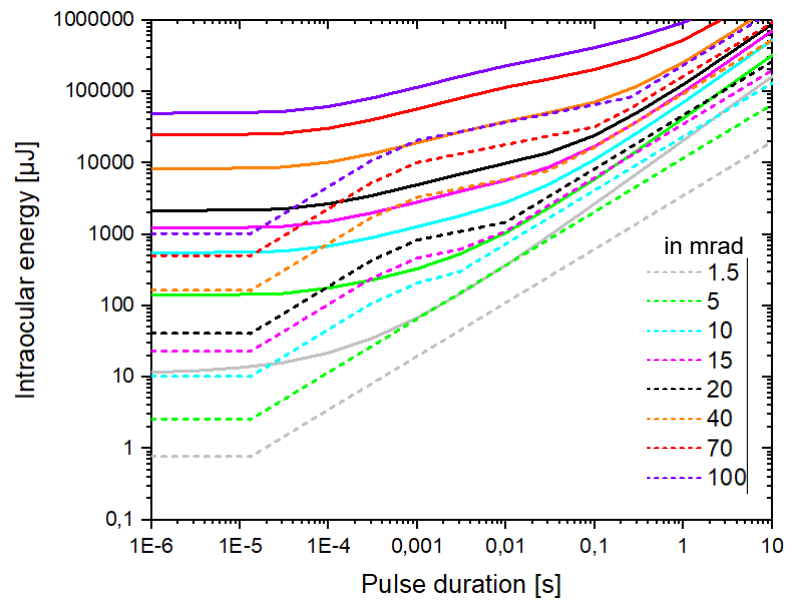
The risk of retinal injury from Class 2 and visible Class 3R lasers, including medical laser aiming beams

Karl Schulmeister*, Mathieu Jean

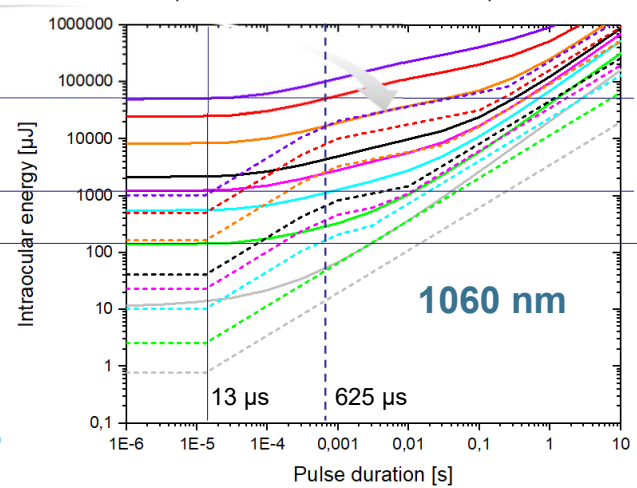
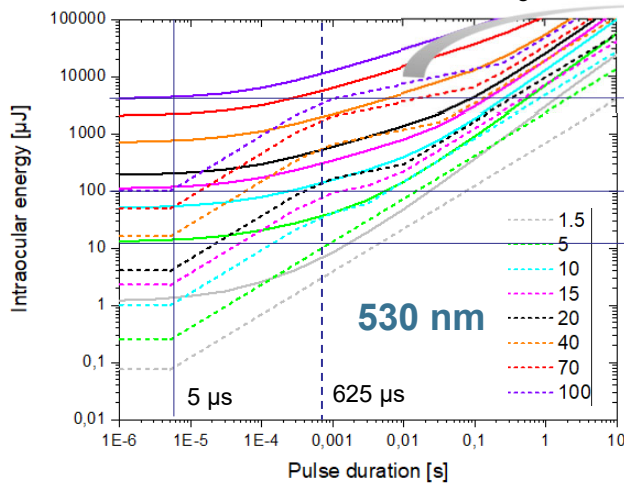
Medical Laser Appl Vol. 25 (2010)



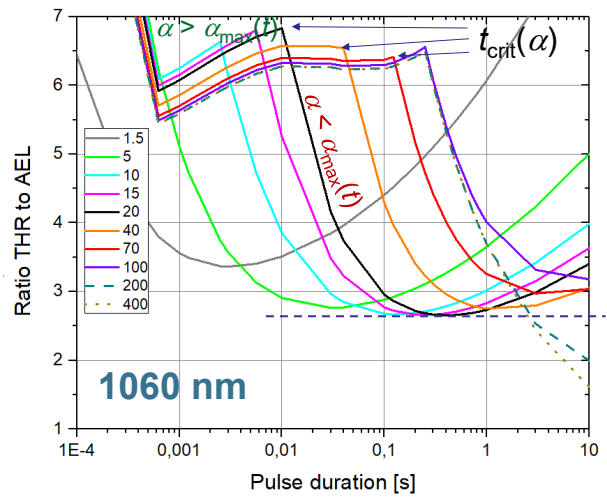
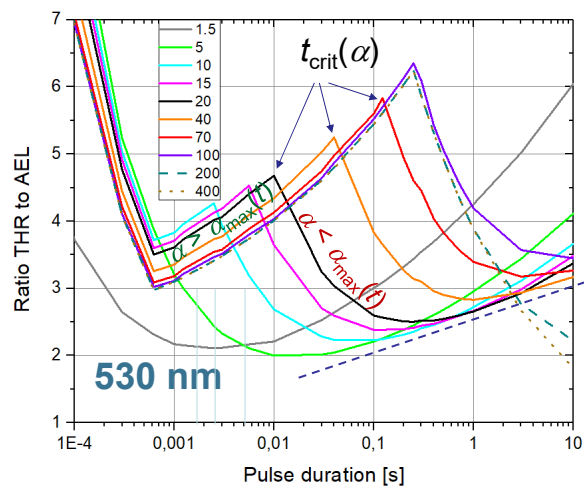
1060 nm



In this regime, 1060 nm AEL lower (less than factor 10 difference)



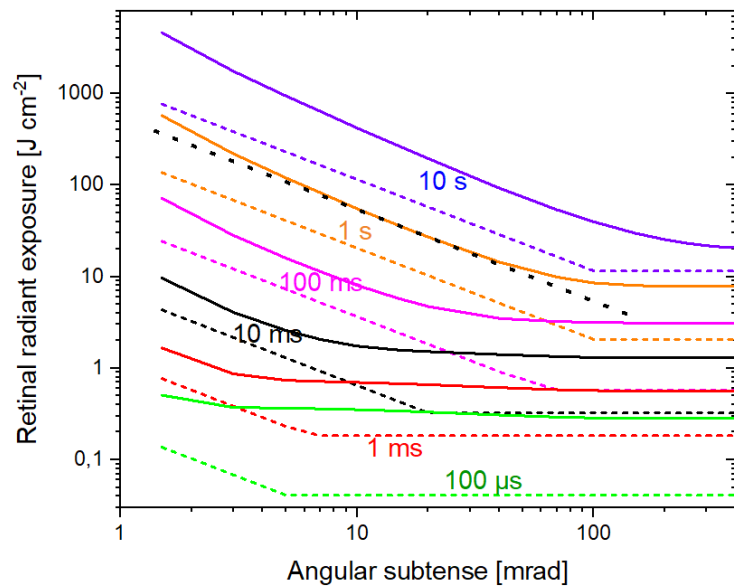
Factor 10 not only AEL but also thresholds!



- No constant margin
- MPE, AEL: simplification!
- Margin as small as 2
- *Uncertainty in model...*
- Need to consider α -dependence
- Different α -dependence for w.l.

530 nm

H-ret = IOE / area-retina



- No room for further reduction of margin ($C_5=1$ problematic)

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- Changing MPE has to be done with great care...
- ...considering ALL data and dependencies
- MPE **must not be too high!**
- MPE **should not be lowered** (unless necessary, not lower than now)!
- Making it „better“ might make it more complex!
- Simple → over-restrictive!
- Is it **necessary** to change?
- **Current C_5 also works for non-constant pulse trains!**

